

# 7 TRAITS OF EFFECTIVE PARENTING



## RESPECT

Kids feel encouraged when they are respected and valued. Parents' language habits influence their ability to model respect to children.

## LOVE

Your love is directed at your priorities. Kids learn God's love through the sacrificial commitments we make to them and teach them to make.

## BOUNDARIES & LIMITS

Be deliberate about setting boundaries for media, behavior, relationships, godly living, and a vibrant faith; don't let culture determine what is healthy for your family.

## INTENTIONALITY

Be intentional about talking about & living out your values & priorities before allowing other influences into your home; making decisions as parents about how you will own the spiritual atmosphere in your home.

## GRACE & FORGIVENESS

Model forgiveness & grace for your kids - as God has forgiven sinners and gives grace to imperfect people.

## GRATITUDE

Gratitude is a cultivated habit and a vital part of healthy relationships. Express gratitude regularly & deliberately so kids can see all the good God does.

## ADAPTABILITY

Teaching kids to be adaptable helps them find peace which counteracts counterproductive worry and builds resilience and flexibility.

